

Dear Employer:

The following are sample pay stub inserts that you may wish to distribute to your employees to educate them about the *Smoke Free Ontario Act*. We are asking for your support in this campaign that seeks to increase compliance amongst both employers and employees. If you wish to obtain an electronic version of this document to modify one of the following pay stub inserts, please contact your local public health unit.

Your workplace cares about your health and safety!

V1



Did you know that you have *the right* to a smoke-free workplace, including a smoke-free workplace vehicle? The *Smoke-free Ontario Act* protects employees from second-hand smoke in enclosed workplaces and workplace vehicles. Fines may be issued for breaking the law. Your health and safety is worth protecting! Take action now to protect your health and the health of those you work with.

If you see someone smoking contact [insert name of supervisor]. For more information about the law, or help with quitting smoking, contact your local public health unit.

Your workplace cares about your health and safety!

V2



Did you know that second-hand smoke contains 4000 toxins, more than 60 of which cause cancer? Second-hand smoke is a workplace hazard and can seriously harm your health. Second-hand smoke can actually increase the harmful effects of other toxins found in your workplace. Take action now to protect your health and the health of those you work with.

If you see someone smoking contact [insert name of supervisor]. For more information about the law, or help with quitting smoking, contact your local public health unit.

Your workplace cares about your health and safety!

V3



Did you know that second-hand smoke in a vehicle can reach concentrations at least **13 times** higher than those outdoors—even with the windows open? You don't have to tolerate exposure to second-hand smoke at work. Take action now to protect your health and the health of those you work with.

If you see someone smoking contact [insert name of supervisor]. For more information about the law, or help with quitting smoking, contact your local public health unit.

Your workplace cares about your health and safety!

V4



[insert name of workplace] has recently implemented a 100% smoke-free policy in accordance with the *Smoke-free Ontario Act*. Please be advised that smoking is prohibited on all company property, including inside company vehicles at all times. Employees found smoking may be fined by a Tobacco Enforcement Officer.

If you see someone smoking contact [insert name of supervisor] at xxx-xxxx.

Your workplace cares about your health and safety!

You only need one reason to quit. We have three free ways to help.

The Canadian Cancer Society *Smokers' Helpline* has proven tips and tools to help you quit tobacco use. We have three ways for you to get free, personalized and non-judgmental support, advice and information that can improve your chance for success. **You can quit! We can help.**

For help with quitting, or to help someone else quit, contact Smokers' Helpline or your local public health unit.



smokers' helpline

CONNECT TO QUIT

smokershelpline.ca

1 877 513-5333